

## NEWS RELEASE

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**FOR IMMEDIATE RELEASE**

### **JUNE 3 TELEPHONE TRAINING TO FOCUS ON MANAGING TODAY'S CHALLENGING BEHAVIORAL HEALTH INPATIENT TREATMENT DEMANDS**

(Washington, D.C., April 10, 2009)...To provide an update for psychiatric and addiction treatment staffs, the National Association of Psychiatric Health Systems (NAPHS) has organized a special two-hour telephone conference on “**Managing Today’s Challenging Behavioral Health Inpatient Treatment Demands.**” The training will be held **Wednesday, June 3, 2009**, from **2pm to 4pm Eastern**.

With higher patient acuity and shorter lengths of stay, the challenges of maintaining a safe and therapeutic treatment milieu in psychiatric hospitals, psychiatric units in general hospitals, addiction treatment services, and residential treatment centers have never been greater. New staff members are constantly joining treatment teams, experienced staffs are looking for the latest thinking in care approaches, and leaders are looking for the best information to share with their staffs.

This training will provide a fast-paced and focused review by nationally recognized thinkers on inpatient treatment:

- **Gayle Bluebird**, coordinator, peer networking, Office of Technical Assistance, National Association of State Mental Health Program Directors (NASMHPD), VA
- **Kathy Delaney, Ph.D., R.N., PMH-NP**, professor of nursing, Rush College of Nursing, IL
- Moderator: **Kathleen McCann, RN, PhD**, director of clinical and regulatory affairs, National Association of Psychiatric Health Systems, Washington, DC

Topics will include essential staff skills for establishing and maintaining a therapeutic milieu, incorporating recovery concepts into short-term hospitalization, use of peer specialists, incorporating the patient perspective of the treatment experience, and reducing reactive aggression in children by reducing coping demands.

### **HOW TO REGISTER**

The teleconference format is designed to enable maximum participation at minimal cost. Because registration fees are per incoming line (not per participant), registered sites can have as many people listen in on speakerphone as they wish. Pre-registration and pre-payment are required. The cost of the two-hour teleconference is \$250 (or \$175 for NAPHS or NASMHPD members). American Express, MasterCard, and Visa are accepted.

To register online, go to [www.naphs.org](http://www.naphs.org) or call 202/393-6700, ext. 106. A compact disc will also be available *after* the teleconferences for \$250 (or \$175 for NAPHS or NASMHPD members).

### **ABOUT NAPHS**

NAPHS advocates for behavioral health and represents provider systems that are committed to the delivery of responsive, accountable, and clinically effective prevention, treatment, and care for children, adolescents, adults, and older adults with mental and substance use disorders. Its members are behavioral healthcare provider organizations that own or manage more than 600 specialty psychiatric hospitals, general hospital psychiatric and addiction treatment units and behavioral healthcare divisions, residential treatment facilities, youth services organizations, and extensive outpatient networks. The association was founded in 1933.

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