



MANAGING TODAY'S CHALLENGING BEHAVIORAL HEALTH INPATIENT TREATMENT DEMANDS:

An Update for Psychiatric and Addiction Treatment Staffs

FACULTY



Gayle Bluebird, coordinator, Peer Networking, Office of Technical Assistance, National Association of State Mental Health Program Directors

Gayle Bluebird is the director of the newly formed Office of Technical Assistance (OTA) Center for Peer Networking for National Association of State Mental Health Program Directors (NASMHPD). She has been involved in consumer advocacy for almost 40 years and has worked in many different capacities. She is a core faculty member of the Center for the Prevention of Violence and Trauma/seclusion and restraint reduction and has worked on multiple onsite and offsite OTA projects in multiple states and programs. In 2006 she produced and edited a film/video titled, *Leaving the Door Open: Alternatives to Seclusion and Restraint*, SAMHSA (TBR 2008) and she recently completed a technical report/guidebook entitled *Paving New Ground: Peers Working in Inpatient Settings* and accompanying DVD, *A Dialogue with Peers and Family Members* (available on NASMHPD website). Bluebird has been involved in the consumer/survivor/ex-patient movement since it began in the 1970s. Ms Bluebird has served as a regional Office of Consumer Affairs Director in Broward County, FL; has worked at South Florida State Hospital as a resident advocate, and most recently as an advocate with the Advocacy Center for Persons with Disabilities, the Protection and Advocacy System in Florida, always combining her nursing background with advocacy. She helped to develop comfort rooms at South Florida State Hospital in 1998 and since then has provided training on how to develop comfort rooms in many state hospitals throughout the country. She is a faculty member of the National Association of State Mental Health Program Directors training institute on reduction/elimination of seclusion and restraint under the direction of Kevin Huckshorn in Alexandria, VA. She sees the development of "Comfort Rooms" as being only a part of what needs to happen to create healing alternatives for people in our mental health system. She has received many awards for her work both nationally and locally, most recently the EPIC (Exceptional People Impacting the Community) in June 2006, for her work in Broward County.



Kathy Delaney, Ph.D., R.N., PMH-NP, professor of nursing, Department of Community and Mental Health Nursing, Rush College of Nursing, IL

During her career at Rush University Medical Center, Dr. Delaney's clinical interest has been creating safe and healing environments for children with serious emotional disorders (SED). She has been particularly interested in proactive approaches that prevent the use of coercive methods (i.e. manual restraints) during inpatient treatment. She has been a member of two successive task forces of the American Psychiatric Nurses Association that have crafted Restraint and Seclusion guidelines for inpatient psychiatric treatment. She was also the chair of the Association for Child and Adolescent Nurses (ACAPN) task force that in 2006 produced a document laying out standards for inpatient child/adolescent treatment. One key to building healing environments for children with SED is to understand the neurobiology of child disorders and the implications of that science to evidence based therapies. She has built a neurobiological model for a proactive approach to reducing aggression; one that she is currently as a consultant implementing with a hospital that had a high restraint rate and was seeking to change the culture. Over the past 10 years she has also been involved in crafting a graduate program in Psychiatric Mental Health (PMH) nursing that is centered on the neurobiology of illness and evidence based treatments in order to greatly improve both quality and access to mental health care. She has used innovative web-based methods to offer a graduate program to rural PMH nurses who would otherwise be unable to become clinically trained to treat children and adults with serious mental illness. In the last five years the program has graduated 50 students from the PMH masters program, many of whom now practice in rural areas. She has been active in service at both state and local levels. At the national level she participated in the Center for

Mental Health Services' (CMHS) Alliances of Health Professions, a group that compiled Mental Health Workforce data. She is a member of the Illinois Children's Mental Health Partnership, a group that helped craft and now monitors implementation of child mental health legislation. She has also been on the boards of several psychiatric mental health nursing organizations. She is currently president-elect of the International Society of Psychiatric Mental Health Nurses.

Moderator



Kathleen McCann, RN, PhD, director of clinical and regulatory affairs, National Association of Psychiatric Health Systems, Washington, DC

As director of clinical and regulatory affairs for the National Association of Psychiatric Health Systems, Dr. McCann provides clinical consultation to more than 600 member psychiatric health system facilities in areas of clinical programming, nursing care, performance improvement, and regulatory compliance. She is a liaison member of both the Hospital and Behavioral Health Care Professional and Technical Advisory Committees of The Joint Commission. She also works with the Centers for Medicare and Medicaid Services, the American Psychiatric Association, the National Institute of Mental Health, and other professional organizations and agencies in setting and maintaining professional standards of psychiatric care. She received the "Excellence in Leadership Award" from the American Psychiatric Nurses Association in 2003.

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